

Start-Nr.	Name	Verein/Ort	AK-Platz	AK	Ges.-Platz	LaufZeit	ZwischenZeit
60	Fritsch, Alexander	LSV Lok Arnstadt	1	M20H	1	00:49:17	00:24:22
181	Hubert, Stefan	SV Sömmerda	2	M20H	2	00:51:27	00:25:28
64	Herda, Martin	Döllbergverein Suhl	3	M20H	3	00:52:47	00:26:31
182	Greiner, Daniel	SV Sömmerda	4	M20H	4	00:53:42	00:26:48
167	Schneider, Bernhard	TU Ilmenau	1	M40H	5	00:53:45	00:26:58
233	Koch, Dominik	SV Mihla	1	M30H	6	00:54:21	00:26:52
131	Grüning, Peter	sc impuls erfurt	1	M45H	7	00:55:01	00:27:12
230	König, Enrico	RTR Viernau	5	M20H	8	00:55:48	00:27:55
149	Schneider, Erik	SV 90 Gräfenroda	6	M20H	9	00:55:52	00:26:56
105	Widenka, Martin	SG Motor Arnstadt	7	M20H	10	00:55:56	00:27:35
170	Wahl, Martin	WSV Oberhof 05	1	M55H	11	00:56:14	00:28:16
29	Herrmann, Michael	sc impuls erfurt	1	M50H	12	00:56:22	00:27:50
96	Wagner, Frank	WSC Ober-Unterschönau	1	MJAH	13	00:56:37	00:28:14
218	Münch, Christian	Skiverein Erfurt 02	8	M20H	14	00:56:57	00:28:50
226	Herget, Thomas	LG Fulda	1	M35H	15	00:57:09	00:28:21
254	Schmidt, Andreas	Schleusinger LV	2	M40H	16	00:57:18	00:28:09
190	Sachs, Michel	GMRV Schmiedefeld	9	M20H	17	00:57:23	00:28:55
217	Krüger, Thomas	Marksuhl	2	M30H	18	00:57:31	00:28:37
63	Gölitz, Andreas	LAC Rudolstadt	2	M45H	19	00:58:15	00:28:45
44	Eis, Matthias	SG Finneck	3	M40H	20	00:58:33	00:29:14
215	Brömel, Carlo	Laufclub Erfurt	2	MJAH	21	00:58:37	00:29:13
122	Hofmann, Mario	TSV 1880 Elgersburg	2	M35H	22	00:58:54	00:28:52
120	Becker, Frank	USV Erfurt	4	M40H	23	00:59:06	00:29:49
159	Ahrndt, Jörg	LG Frauenwald	3	M35H	24	00:59:18	00:30:01
103	Prenzel, Dieter	VfL 28 Ellrich	5	M40H	25	00:59:29	00:30:05
205	Seeber, Peter	Luisenthaler SV	1	MJBH	26	00:59:46	00:29:34
87	Flock, Peter	GMRV Gebesee	4	M35H	27	00:59:56	00:30:07
118	Andres, Peter	Eisenacher LV	6	M40H	28	01:00:04	00:29:45
195	Thorhauer, Bernd	SV 'Glückauf' Sondershauser	3	M45H	29	01:00:09	00:30:02
142	Gloger, Andreas	VfL 28 Ellrich	7	M40H	30	01:00:18	00:30:17
34	Krieger, Andreas	Weimar	8	M40H	31	01:00:27	00:29:57
227	Lemme, Tobias	SDV ski alpin	2	MJBH	32	01:00:28	00:29:45

15 Heinemann, Frank	Jena	10 M20H	33	01:00:37	00:29:32
242 Wolko, Olaf	SV Kyffhäuser	9 M40H	34	01:00:49	00:29:53
245 Kowalsky, Tim	TSV Plaue	11 M20H	35	01:00:55	00:29:52
257 Döpping, Detlef	OV Gotha X 17	2 M50H	36	01:01:12	00:30:34
150 Spindler, Franz	TSV Unterhaching	12 M20H	37	01:01:13	00:29:30
220 Lehmann, Christian	Lauffreunde Gotha	13 M20H	38	01:01:28	00:29:58
178 Gerbach, Ronny	Sc-impuls erfurt.e.v	14 M20H	39	01:01:41	00:30:32
229 Hantzsch, Helmut	SV Mihla	2 M55H	40	01:02:05	00:30:32
160 Bergmann, Steffen	SV Höhn	5 M35H	41	01:02:10	00:30:52
91 Schadwinkel, Andy	GMRV Langewiesen	3 M30H	42	01:02:35	00:31:23
125 Becker, Lars	SG Glücksbrunn Schweina	10 M40H	43	01:02:51	00:30:55
9 Stärker, Stefan	LG Frauenwald	15 M20H	44	01:03:35	00:30:30
221 Beschel, Thomas	Friemar	6 M35H	45	01:03:55	00:30:58
264 Lötten, Reinhard	SV Emsetal	4 M45H	46	01:03:55	00:30:51
156 Sthamer, Heiko	GMRV Zella-Mehlis	11 M40H	47	01:04:08	00:31:12
99 Kuno, Gerhard	Waltershausen	5 M45H	48	01:04:14	00:31:41
202 Zobirei, Jörg	SWV Goldlauter	16 M20H	49	01:04:24	00:32:13
133 Lipfert, Günter	Saalfelder LV	3 MJAH	50	01:04:28	00:31:05
243 Schmidt, Gerald	Großbrüchter	3 M50H	51	01:04:29	00:32:07
248 Bing, Holger	Rhöner WSV Dermbach	6 M45H	52	01:04:44	00:32:40
115 Grebhan, Bernd	WSV Oberhof 05	3 M55H	53	01:04:54	00:31:55
249 Wolfig, Uwe	Plaue	7 M35H	54	01:05:44	00:32:38
265 Löhn, Andreas	Gehlberg	7 M45H	55	01:05:46	00:32:28
83 Rothe, Stefan	LC Auensee Leipzig	17 M20H	56	01:05:49	00:33:29
267 Fischer, Armin	TSV	12 M40H	57	01:05:50	00:32:55
239 Kühn, Daniel	WSV Schmiedefeld	3 MJBH	58	01:05:54	00:33:18
85 Triebel, Silko	Zella-Mehlis	4 M30H	59	01:05:55	00:32:36
165 Kretschmar, Manfred	TSV Arnstadt	4 M50H	60	01:05:59	00:33:21
219 Schaedel, Volker	SV Bad Berka	8 M35H	61	01:06:06	00:33:43
175 Bischoff, Jan	Suhler Döllbergverein	4 MJBH	62	01:06:16	00:31:36
266 Kamp, Olaf	Saalfeld	13 M40H	63	01:06:24	00:33:38
124 Löber, Heiko	Eisenach-Stregda	9 M35H	64	01:06:33	00:33:02
14 Beschel, Marko	Günthersleben	5 M30H	65	01:06:37	00:32:47
39 Schultz, Thomas	Jena	8 M45H	66	01:06:40	00:33:41

84	Sorg, Michael	LG Frauenwald	18 M20H	67	01:06:50	00:32:32
1	Brömel, Jörg	WSV Schmiedefeld	9 M45H	68	01:06:53	00:33:32
143	Goerge, Stefan	Lauffreunde Gotha	14 M40H	69	01:06:59	00:33:28
20	Krausse, Raimund	LV-Einheit Greiz	1 M65H	70	01:07:18	00:33:12
121	Günkel, Hannes	SWV Goldlauter	19 M20H	71	01:07:29	00:32:11
180	Wahl, Klaus-Dieter	Lauffreunde Gotha	5 M50H	72	01:08:09	00:34:23
93	Seyler, Steve	LG Frauenwald	6 M30H	73	01:08:13	00:33:18
144	Krüger, Gerd	Ilmenau	10 M35H	74	01:08:22	00:33:46
179	Mieth, Michael	DAV Weimar	10 M45H	75	01:08:25	00:35:03
176	Langenhan, Jörg	Suhler Döllbergverein	15 M40H	76	01:08:42	00:33:52
2	Kummer, Dennis	Feuerw. Zella-Mehlis	20 M20H	77	01:08:55	00:34:14
95	Rößner, Peter	SV Kyffhäuser	6 M50H	78	01:08:58	00:34:50
163	Goymann, Uwe	Lauftreff Plaue	16 M40H	79	01:09:15	00:33:50
157	Fehringer, Carsten	Zella-Mehlis	11 M35H	80	01:09:17	00:33:05
244	Kneise, Wolfram	Kath.Laufjugend Arnstadt	21 M20H	81	01:09:26	00:33:24
223	Jöck, Ralf	HV Suhl	7 M50H	82	01:09:49	00:34:07
101	Oppenhäuser, Andrea	Arnstadt	17 M40H	83	01:10:03	00:35:09
82	Rothe, Andreas	GMRV Leipzig	11 M45H	84	01:10:27	00:34:35
192	Gärtner, Uwe	Leipzig	12 M35H	85	01:10:33	00:34:43
252	Wollschläger, Dirk	Bosch Eisenach	7 M30H	86	01:10:40	00:34:16
247	Herbst, Thomas	Rhöner WSV Dermbach	13 M35H	87	01:10:51	00:34:38
193	Funk, Stefan	Schmalkalden	4 M55H	88	01:11:03	00:33:56
188	Rosenberger, Marcel	LG Frauenwald	22 M20H	89	01:11:06	00:34:05
236	Schmidt, David	Grün-Weiß Hildburghausen	23 M20H	90	01:11:11	00:34:27
28	Koske, Christian	Niedergrunstedt	5 M55H	91	01:11:18	00:34:32
253	Ellmer, Markus	Bosch Eisenach	8 M30H	92	01:11:19	00:34:59
168	Schwachenwalde, Holger	Ilmenau	12 M45H	93	01:11:38	00:35:22
53	Wittor, Rainer	TV Jahn Bad Driburg	8 M50H	94	01:11:41	00:35:40
228	Kuschmierz, Torsten	SV Floh-Seligenthal	18 M40H	95	01:11:44	00:34:10
173	Clauder, Marcus	WSV Schmiedefeld	24 M20H	96	01:11:48	00:35:01
51	Klatt, Holger	Wandersleben	19 M40H	97	01:11:51	00:34:56
89	Kirchberg, Ralf	E.ON Thüringen	14 M35H	98	01:11:59	00:36:29
81	Hermann, Rainer	LV Schwarzatal	1 M60H	99	01:12:11	00:35:30
59	Etienne, Rene	WSC 07 Ruhla	15 M35H	100	01:12:14	00:36:03

25 Löwe, Peter	Tonndorf	9 M50H	101	01:12:17	00:35:43
106 Zimmermann, Stepha	SWV Goldlauter	6 M55H	102	01:12:22	00:35:51
256 Wirsching, Mario	REH Suhl	16 M35H	103	01:12:32	00:36:16
251 Schmarsow, Kay	Potsdamer Laufclub	20 M40H	104	01:13:04	00:35:48
234 Gottschall, Hans	Ilmenau	2 M60H	105	01:13:26	00:36:01
111 Amarell, Ludwig	Triathlonclub Suhl	1 M70H	106	01:13:29	00:37:12
109 Recknagel, Manfred	SV Eintracht Altersbach	7 M55H	107	01:13:34	00:37:29
216 Gunkel, Rainer	SWV Goldlauter	3 M60H	108	01:13:41	00:37:10
187 Stephan, Wolfhard	LG Frauenwald	10 M50H	109	01:13:51	00:36:33
38 Grübel, Roland	Lauffreunde Gotha	4 M60H	110	01:13:59	00:37:17
78 Wende, Thomas	LG Dankmarshausen	13 M45H	111	01:14:22	00:36:48
75 Wagner, Marian	Fischbacher SV	9 M30H	112	01:14:24	00:37:08
214 Kräker, Stefan	TSV Zella-Mehlis	4 MJAH	113	01:14:41	00:36:42
177 Ganß, Günter	TSV Zella-Mehlis	8 M55H	114	01:15:00	00:36:46
260 Seeber, Frank	Knie Säge	21 M40H	115	01:15:06	00:37:39
140 Elßner, Uwe	TU Ilmenau	17 M35H	116	01:15:12	00:36:54
130 Grafe, Viktor	SG Handel Jena	9 M55H	117	01:15:13	00:37:15
212 Höpfner, Thomas	RSV Ilmenau	11 M50H	118	01:15:15	00:36:23
100 Lesser, Wolfgang	TSV Zella-Mehlis	25 M20H	119	01:15:20	00:38:17
80 Poppner, Uwe	Rodelclub Ilmenau	22 M40H	120	01:15:22	00:37:46
232 Koch, Siegfried	SV Mihla	10 M55H	121	01:15:26	00:36:10
169 Treßelt, Frank	GMRV Großbreitenbach	23 M40H	122	01:15:36	00:37:26
146 Mämpel, Bernhard	GutsMuths RSLV	12 M50H	123	01:15:39	00:37:34
203 Corbus, Stefan	Notzingen	10 M30H	124	01:15:41	00:35:48
62 Fütterer, Friedbert	SV Gernrode	13 M50H	125	01:15:49	00:37:37
8 Noack, Dirk	WSV -Schmiedefeld	24 M40H	126	01:15:51	00:39:33
186 Matthes, Jan	Lauftreff Breitung	25 M40H	127	01:15:52	00:38:17
208 Grohmann, Jörg	LTV Erfurt	14 M45H	128	01:15:58	00:38:20
151 Weiß, Thomas	SG Einheit Arnstadt	26 M40H	129	01:16:03	00:37:29
65 Knoll, Martin	LG Bad F./Göllingen	5 MJAH	130	01:16:03	00:36:36
107 Widenka, Andreas	SG Motor Arnstadt	14 M50H	131	01:16:05	00:38:14
117 Ritter, Jörg	Schleusingen	15 M45H	132	01:16:10	00:37:44
114 Boog, Swen	Erfurt	11 M30H	133	01:16:17	00:35:21
70 Lämmlein, Christoph	Spiridon Frankfurt	15 M50H	134	01:16:19	00:37:41

47 Kilb, Udo	sc impuls erfurt	16 M45H	135	01:16:26	00:37:58
126 Bennemann, Mark	sc impuls erfurt	26 M20H	136	01:16:28	00:36:25
68 Lindstädt, Mario	Arnstadt	17 M45H	137	01:16:29	00:37:24
161 Frech, Michael	Lauffreunde Gotha	27 M40H	138	01:16:34	00:37:48
43 Friebe, Andreas	Niedergrunstedt	18 M45H	139	01:16:37	00:37:51
211 Mauff, Gerhard	LSG Lieskau	16 M50H	140	01:16:47	00:38:09
255 Mascher, Reinhard	Spargelläufer Herbsleben	28 M40H	141	01:17:06	00:38:34
200 Korn, Rene	Suhl	12 M30H	142	01:17:10	00:38:14
191 Schneider, Jürgen	Schmiedefeld	11 M55H	143	01:17:24	00:38:05
201 Holland, Heiner	TV Eisental	19 M45H	144	01:17:34	00:37:04
73 Rückebeil, Henry	LG-Bad F./Göllingen	13 M30H	145	01:17:43	00:39:30
66 Knoll, Michael	LG Bad F./Göllingen	29 M40H	146	01:17:43	00:39:24
58 Ende, Christian	LG Bad F./Göllingen	14 M30H	147	01:17:43	00:39:27
55 Katzung, Thomas	RV 1893 Schleusingen	27 M20H	148	01:17:53	00:38:02
158 Krannich, Karl-Heinz	Wümbach	12 M55H	149	01:17:58	00:38:11
7 Taubmann, Ralf	hmt-ingenieure.de	30 M40H	150	01:17:58	00:38:38
90 Pohling, Andreas	SG Stern Stuttgart	28 M20H	151	01:18:02	00:39:26
206 Güntzel, Wieland	RLV Thema	17 M50H	152	01:18:28	00:38:40
204 Rütter, Friedhelm	SG RWE Arnsberg	13 M55H	153	01:19:11	00:38:49
110 Krausser, Roland	Wülfershausen	5 M60H	154	01:19:19	00:39:19
258 Respondek, Steffen	Wachsenburggemeinde	20 M45H	155	01:19:36	00:39:10
240 Junghans, André	Gehren	18 M35H	156	01:19:49	00:39:37
3 Liebhold, Hartmut	Manebach	31 M40H	157	01:20:01	00:39:39
263 Senglaub, Tino	LG Frauenwald	19 M35H	158	01:20:20	00:38:59
250 Thein, Henrik	Waltershausen	21 M45H	159	01:21:08	00:39:13
166 König, Heiko	Jena	15 M30H	160	01:21:21	00:38:33
45 Richter, Konrad	SV Sömmerda	14 M55H	161	01:21:39	00:39:09
210 Wendemuth, Eckhard	SV Wüllersleben	6 M60H	162	01:21:45	00:39:46
23 Goetz, Helmut	sc impuls erfurt	2 M65H	163	01:21:51	00:41:30
16 Metz, Egon	Spargelläufer Herbsleben	15 M55H	164	01:21:53	00:40:39
241 Storch, Lutz	Trusetal	22 M45H	165	01:21:55	00:40:02
139 Bartel, Heiko	Leipzig	32 M40H	166	01:22:08	00:39:55
76 Wolter, Steffen	Gotha	33 M40H	167	01:23:18	00:39:44
46 Mohr, Siegfried	SV Hermsdorf	3 M65H	168	01:23:32	00:40:45

224 Behn, Udo	Braun-Weiß Ilmenau	23 M45H	169	01:23:37	00:42:48
97 Dehmel, Gerhard	ThWV Ilmenau	4 M65H	170	01:23:58	00:41:01
207 Pohling, Ulf	Altenburg	18 M50H	171	01:24:01	00:42:24
259 Heinrich, Steffen	Aschara	34 M40H	172	01:24:25	00:40:57
235 Heermann, Lutz	Ilmenau	16 M30H	173	01:24:27	00:40:38
88 Jaschinski, Helge	LG TEAG	20 M35H	174	01:26:47	00:42:39
231 Jäger, Falko	SV 04 Oberschönau	29 M20H	175	01:27:21	00:43:01
94 Wenzel, Hans-Jürgen	GMRV Suhl	19 M50H	176	01:27:59	00:44:06
74 Schlott, Otto	GMRV Berlin	16 M55H	177	01:28:25	00:43:46
183 Stephan, Michael	SSV 1986 Bad Langensalza	35 M40H	178	01:28:33	00:43:39
148 Pfannschmidt, Kai	USV Jena	36 M40H	179	01:28:53	00:42:56
71 Mühlhaus, Helmut	LTV Obereichsfeld	1 M75H	180	01:28:54	00:44:40
237 Wehner, Wolfgang	Karben	2 M70H	181	01:30:08	00:44:52
123 Ludwig, Eckhard	Bad Berka	20 M50H	182	01:32:46	00:45:11
189 Sorg, Volker	LG Frauenwald	21 M50H	183	01:32:59	00:45:33
261 Dolge, Gerd	GMRV Wümbach	22 M50H	184	01:33:33	00:45:43
42 Zscharnt, Holger	DAV Inselberg	21 M35H	185	01:33:43	00:45:30
196 Köber, Matthias	Erfurt	37 M40H	186	01:35:46	00:49:47
22 Sauerbrei, Dieter	sc impuls erfurt	5 M65H	187	01:36:59	00:47:31
86 Engelhardt, Manfred	Neuhaus	23 M50H	188	01:40:03	00:45:28
92 Schadwinkel, Wolfgar	GMRV Langewiesen	7 M60H	189	01:51:48	00:52:38
104 Prenzel, Marie-Helen	VfL 28 Ellrich	1 WJAH	1	01:05:11	00:32:42
164 Herzberg, Anna	Arnstadt	2 WJAH	2	01:06:42	00:33:09
174 Knoblich, Petra	Arnstadt	1 W40H	3	01:08:33	00:34:25
137 Wagner, Heike	Saalfelder LV	1 W45H	4	01:08:56	00:34:46
154 Wöhleke, Monika	PSV Grünweiss Kassel	2 W45H	5	01:09:42	00:33:48
108 Recknagel, Ria	SV Eintracht Altersbach	1 W55H	6	01:12:37	00:36:11
222 Beschel, Silke	Friemar	1 W35H	7	01:12:52	00:36:07
152 Wiczorek, Barbara	Lauffreunde Gotha	1 W20H	8	01:13:44	00:37:20
184 Rietschel, Christine	LSV Lok Arnstadt	1 W50H	9	01:14:38	00:37:53
197 Krüger, Petra	Suhl	2 W40H	10	01:14:40	00:36:59
129 Freitag, Susen	Saalfelder LV	2 W20H	11	01:14:52	00:37:54
225 Franke, Elke	LV Altstadt Nordhausen	3 W40H	12	01:15:29	00:36:39

209	Rienecker, Gesine	WSV Oberhof 05	2 W35H	13	01:16:13	00:37:30
194	Thornhauer, Hennriet	SV 'Glückauf' Sondershauser	4 W40H	14	01:16:44	00:38:07
199	Holland, Kerstin	TV Eisental	5 W40H	15	01:17:34	00:38:45
26	Mascher, Konstanze	Spargelläufer Herbsleben	6 W40H	16	01:18:55	00:39:35
128	Freitag, Marion	Saalfelder LV	2 W50H	17	01:19:02	00:39:20
147	Mämpel, Marion	GutsMuths RSLV	3 W50H	18	01:19:19	00:38:46
69	Lämmlein, Andrea	Spiridon Frankfurt	3 W45H	19	01:20:54	00:40:11
172	Reiche, Ines	Lauffreunde Gotha	4 W50H	20	01:20:57	00:40:08
141	Fritsch, Monika	Laufftreff Plaue	4 W45H	21	01:21:49	00:39:48
119	Becker, Carmen	Immelborn	7 W40H	22	01:22:20	00:40:28
162	Frech, Silke	Lauffreunde Gotha	3 W35H	23	01:23:40	00:41:05
198	Legenmajer, Andrea	Zella-Mehlis	5 W45H	24	01:24:10	00:41:38
102	Prenzel, Daniela	VfL 28 Ellrich	4 W35H	25	01:24:40	00:42:14
61	Fütterer, Anne	SV Gernrode	1 WJBH	26	01:25:13	00:41:33
112	Kleine, Gabi	WSV Oberhof 05	8 W40H	27	01:26:59	00:42:05
24	Liedtke, Gerlinde	sc impuls erfurt	2 W55H	28	01:27:02	00:43:35
33	Krieger, Katrin	Weimar	9 W40H	29	01:27:10	00:43:41
32	Polt, Anita	VfL 28 Ellrich	6 W45H	30	01:30:39	00:45:27
77	Wende, Angela	LG Dankmarshausen	5 W35H	31	01:30:46	00:41:53
10	Oelschlägel, Sandra	Suhl	3 W20H	32	01:32:08	00:45:46
113	Kleine, Viola	WSV Oberhof 05	7 W45H	33	01:32:30	00:45:19
262	Dolge, Anna-Marie	GMRV Wümbach	5 W50H	34	01:33:33	00:45:41
79	Merten, Ellen	GMRV Langewiesen	6 W35H	35	01:38:28	00:47:12
171	Weissbrodt, Gabi	Braun-Weiß Ilmenau	10 W40H	36	01:40:34	00:50:21
238	Wehner, Helga	TG Groß Karben	1 W65H	37	01:44:30	00:52:10
213	Leonhard, Ricarda	WSV Ilmenau	4 W20H	38	01:51:31	00:55:27
48	Fuchs, Diana	ARZW-Team	1 W30H	39	01:55:35	00:56:08
41	Zscharnt, Ina	DAV Inselberg	7 W35H	40	01:55:39	00:56:13
185	Lindenlaub, Heidi	WSV Schmiedefeld	8 W45H	41	01:58:01	00:56:16
5	Thurn, Katrin	Trötau	8 W35H	42	01:58:19	00:57:35